

# VelaSmooth

The Medical Cellulite Solution

## Revolutionary Cellulite and Body Shaping Treatment



### Gift Voucher

A gift voucher from BSXI is the perfect gift. Please note that gift vouchers have an expiry date

### When should I arrive?

In order to maximise the enjoyment of your experience, please arrive 30 minutes prior to your appointment to change and enjoy the jacuzzi facilities.

A late arrival may mean that your treatment is reduced or unable to be honoured.

### What should I bring?

A bathing suit is recommended for the hydrotherapy treatments.

The spa provides towels and robes.

### Spa Cancellation policy

- Cancellations required 48 hours before a treatment to enable rescheduling of your appointment.
- 50% deposit required for all spa packages.
- 50% deposit required for all treatments on Saturdays, Sundays and public holidays
- Treatment prices are subject to change without prior notice.
- No cash refunds will be applicable

Mon-Fri: 7h30 - 19h00

Sat: 7h30 - 15h00

Sun: As per arranged booking times

Waterkloofridge  
Lifestyle Centre  
Cliff Ave, Pretoria

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[www.bsxi.co.za](http://www.bsxi.co.za)



9 min TAN CAN  
OZONE Therapy

## SPA PACKAGES

**TheraVine™ GRAPE CLEANSE & HYDRATING MILK CEREMONY** R480/1.5hrs  
Your body is primed for a luxurious treat whilst your therapist rids your skin of rough, dead skin cells using a crushed grapeseed cream cleanse. Warm, rich hydrating milk is then poured over your entire body before being cocooned in warm blankets for the ultimate in relaxation and hydration. Whilst inhaling the aromas, enjoy a relaxing facial massage. Warm, gentle AromaVine™ infused mitts remove the excess milk, after which an application of Cabernet Body Lotion, containing Red Vine Leaf extract known for boosting circulation, is applied.

### PERFECT RELAX PACKAGE

R650/2.5hrs  
Put yourself in the right mood after a hectic day. Start unwinding in the Jacuzzi followed by a relaxing foot massage. The sublime Indian Head Massage & the Hot Stone Full body Massage ensures you are relaxed & de-stressed.

### TheraVine™ FACE & BODY GLOW EXPERIENCE

R820/3 hrs  
Prepare to indulge in our full, sensory signature experience by sipping on a cup of anti-oxidant vine juice. After receiving a foot cleanse ritual, both face and body are exfoliated to ensure a natural, healthy glow. A Theravine Balancing Facial prepares your skin with a pampering face massage whilst relaxing during a body massage using AromaVine™ Pinotage oils. You are then embalmed in an extremely moisturising vine treatment cream to hydrate and nourish your skin. Awaken to a warm, botanical infused compress. Pure bliss...

### TheraVine™ VITALITY SPA RITUAL

R700/4 hrs  
Indulge your senses and recharge your body and mind in a deep cleansing and energizing ritual. Your body is cleansed with an exfoliating sponge embedded with a concoction of red grape skin extract, redbush extract and vegetable soap - something totally unique! A warm, uplifting oil is then poured over your body, followed by a massage to release any deep seated tension and stress. Whilst lying cocooned in a purifying clay wrap, enjoy the effects of a revitalizing, anti ageing eye treatment. After the application of a body lotion, leave feeling revitalized and wonderfully rested.

### TheraVine™ DELUXE SPA RITUAL

R850/3hrs  
Let your body and face become the centre of attention, beginning at the soles of the feet and ending at the crown of the head - performing the ultimate in skin therapy. This treatment begins with a foot cleansing ritual followed by a relaxing massage combined with a specialised Theravine facial. Relax in complete tranquility whilst receiving an acupressure scalp massage. Dramatic results are instantly received.

### TheraVine™ DELUXE PAMPER PACKAGE

R980/5hrs  
Prepare yourself for the ultimate indulgence and stress release. To commence, you will enjoy a foot cleansing ritual followed by our crushed Pinotage honey and lime salt scrub. You are then immersed in a hydrotherapy tub filled with our elixir of red grape skin extract and our rich bath milk. Melt away tension with one of our blissful AromaVine™ massages followed by an Indian Head massage. The luxurious, specialized facial that follows is an intensive boost using vitamins, minerals, peptides and scientifically proven actives to hydrate, nourish and revitalize your skin. Finally, a warm, hydrating milk is poured over your feet to treat your skin and nails - followed by a pressure point massage which leaves you completely relaxed and rejuvenated.

### AFRICAN MASSAGE PACKAGE

R1100/4hrs  
Starting with a relaxing foot cleanse ritual, followed by a rejuvenating and softening foot mask. A head massage is followed by a full body exfoliation and a relaxing Body wrap. A rich, luxurious & moisturizing milk bath with Baobab Tree Oil awaits you. After the relaxing bath an African wood massage which begins with pouring warm Olive and Shea butter onto the body after which specially designed Swarthout and Imboja Dumbbells are used as a tool to massage the body, resulting in absolute relaxation and rejuvenation.

## SPA FACILITIES

Jacuzzi/Spapool R100/pp  
Ozone Chamber R200/pp

## BODY & SLIMMING TREATMENTS

### VelaSmooth

Course of 12 tmnts R4000  
Maintenance 12 tmnts R3000  
Single session R400



### CELLULITE & BODY SHAPING TREATMENT

The latest hi-tech medical treatment that works on 3 principles. A combination of **Bi-polar Radio Frequency, Infrared light energies plus tissue manipulation**, heats up and then breaks down fat cells

### MESOTHERAPY ANTI CELLULITE injections:R450/amp

Mesotherapy is the practice of injecting small amounts of medications into the skin to reduce cellulite and fat in unwanted areas as well as for skin rejuvenation.

### VIBRAFIT EXERCISING PROGRAM: R250/20 tmnts

The easy answer to exercise!

**10 min of vibration = 1.5 hour intense gym exercise.**



### OZONE TREATMENT

Transdermal ozone therapy is one of the most powerful methods of detoxifying and oxygenating the body in existence. R200/session or R1500/10 treatments



### SLIMMING THE BSXI WAY.

#### Get into shape quickly and effectively

Loose 10kg in 1 month! The effective electro muscle stimulation machines (EMS) that firm, shape & contour the body.

1 Month 16 treatment R800/month  
6 Month maintenance contract R750/month  
12 Month maintenance contract R600/month

## CELLULITE AND BODY WRAPS

R350 ea or R1000/4 wraps

ThalasoVine™ Body buff R100  
TheraVine™ Firming and Hydrating body gel wrap R300  
TheraVine™ Recharge body clay wrap R300  
ThalasoVine™ Detox treatment R300  
ThalasoVine™ Cellulite treatment R300

# BSXI

hydro Spa

Indulge Your Senses

**012 347 4155**

Finalist  
SPA of  
the year



## FACIALS

Relaxing Facials performed by internationally qualified therapists with active ingredients to give your face the treatment best suited to your skin condition. Products used are TheraVine, Nimue or Lamelle

Appetizer Facial	R200/30 min
Deep cleanse Facial	R250 /45 min
Purifying SebuVine™ Facial	R350/45 min
Hydrating Facial	R380/45 min
Hydrating MDA Facial	R475/60 min
Hydrating IPL Facial	R750/60 min
AromaVine™ Anti-Wrinkle Facial	R495 /90 min
HydraVine™ Hydrating Facial	R450/60 min
TheraVine™ Deluxe Anti ageing Facial	R495/90 min

### Additional treatments to add to your facial:

TheraVine™ Timecare eye treatment	R100
Microdermabrasion (Buy course of 6 for R600)	R150
Retinol added to any treatment	R80
Specialised mask	R80

## INTENSIVE FACIAL TREATMENT

Chemical peels are considered the latest advancement in skin resurfacing & skin rejuvenation, indicated for the following skin problems:

Acne Chemical peel	R375/30 min
Acne advanced Chemical peel	R450/45 min
Hydrating Chemical peel	R375/60 min
Hydrating + Anti Ageing Chemical peel	R450/60 min
Pigmentation Chemical peel	R375/30 min
Pigmentation Advanced Chemical peel	R450/45 min
Pigmentation Mela T Chemical peel	R650/45 min
Anti-Ageing Chemical peel	R450/60 min
Intensive Anti-Ageing treatment Dermalroller (exc cost of roller)	R450
Acne Face treatment with IPL	R450
Acne scarring treatment (exc cost of roller)	R450

## INTENSIVE BODY TREATMENT

Pigmented hands-treatment with IPL (excludes fingers & wrist)	R250
Pigmented hands-Glycomask only	R100
Pigmented hands + anti ageing treatment	R400
Foot treatment with Glycomask	R150
Acne Back treatment	R380
Intensive Stretchmark treatment (exc cost of roller)	R450

**Facial Mesotherapy** R480/vial  
For the double chin ,unsightly fatty deposits or bags under the eyes.

**Collagen Induction Therapy(CIT)** R450  
Using the technique of micro needling, Collagen production is stimulated, smoothing out wrinkles, reducing lines and giving a plumb youthful appearance to the face. (exc cost of roller)

**Microdermabrasion** R150  
Ideal treatment to have with your favourite facial or as a lunchtime boost to your skin.

Botox® As per consultation

Restylane® and other fillers As per consultation  
Several options available

## MINI IPL SKIN REJUVENATION

Do you want to look younger? Tired of covering up pigmentation? Do your hands give away your age? Are you tired of those fine red lines?

1 Pulse	R50
Sun spots /Small veins 5 pulses	R150
Sun spots /Small veins 10 pulses	R300
Hands (exc fingers and wrist)	R350
Hands + fingers	R450
Neck	R550
Decollete	R550
Full Face	R750



**Hair Reduction  
Skin Rejuvenation**

## MINI IPL PERMANENT HAIR REDUCTION

Are you tired of shaving? Hair has 3 growth phases. During each treatment, hair in the active growth phase will be eliminated.

Minimum of 6 - 8 treatments needed for hair reduction

1 Pulse	R50
Ears or Unibrow	R80
Umbilical line	R150
Chin or Upper lip	R150
Collar (Men)	R450
Under arms or Bikini	R450
G String	R600
Brazilian	R700
Lower legs	R1200
Back	R1500
Shoulders	R400

## TINTING

Eye brow or Eyelash Tint	R50
Eye lash & Eye brow tint	R90

## WAX TREATMENTS

Lip or Chin or Brow	R40
Under arm	R65
Arms (full)	R95
Bikini	R80
Bikini and thigh	R150
G-string	R150
Brazilian	R180
Eyebrow, underarm + half leg	R220
Half leg	R150
Full leg	R180
Back	R180

## MAKE UP

Special occasion make up	R250
Wedding make up & trial	R300
Bridal Preparation Package (full set nails, paraffin pedicure, body spray tan, gel overlay toes)	R1300
Call out (Pta only)	R350

## PERMANENT MAKE UP

As per consultation

## EYELASH EXTENSIONS

Full set lashes	R500
Fill per lash	R5

## MASSAGE TREATMENTS

Chair Massage	R100/15 min
Foot Massage	R100/20 min
BSXI Indian Head Massage	R150/30 min
Reflexology 30min	R180/30 min
Reflexology 60min	R320/60 min
MusculaVine™ Back Neck Shoulder Massage 30min	R200/30 min
MusculaVine™ Back Neck Shoulder Massage 45min	R250/45 min
Foot Combo (Foot + Indian Massage)	R300/60 min
BSXI Indian Head + BNS Massage	R300/60 min
Swedish Massage	R320/60 min
AromaVine™ Detoxifying Pinotage Massage	R300/60 min
Aromatherapy 30min	R220/30 min
Aromatherapy 60min	R340/60 min
Aromatherapy 90min	R420/90 min
TheraNaka™ African Awakening Massage	R380/60 min
TheraNaka™ African Avo & Shea Butter Massage	R380/60 min
TheraNaka™ African Wood Massage	R380/60 min
Energy Surge (Foot, Indian head + B.N.S)	R400/90 min
Hot Stone Massage 30min	R240/30 min
Hot Stone Massage 60min	R380/60 min
Spicy Bolus Massage	R380/60 min

## HAND & FEET TREATMENTS

TRIND Manicure Treatment	R150/30 min
Spa Manicure	R200/60 min
Spa Deluxe Manicure (Paraffin)	R220/90 min
Spa Pedicure	R220/60 min
Spa Deluxe Pedicure (Paraffin)	R250/90 min
French paint	R30
Callous Treatment	R30

## NAILS

Nail repair	R25/nail
Colour paint	R30
Soak	R50
Buff, File & paint	R50
Back Fill	R200
French Fill	R220
Overlay	R220
French overlay	R260
Full Set Natural tips Acrylic/Gel	R280
French tips Acrylic/Gel	R300
Gel Toes	R200

## NAIL ART

Nail art - stripes or gemstones	R5 ea
Nail art hand painted	R25/nail

## TANNING

Instant body bronzing	R250
Tan Can	R280/90min

**THERA VINE™**  
STELLENBOSCH

**lamelle**  
Research Laboratories

**TRIND®**