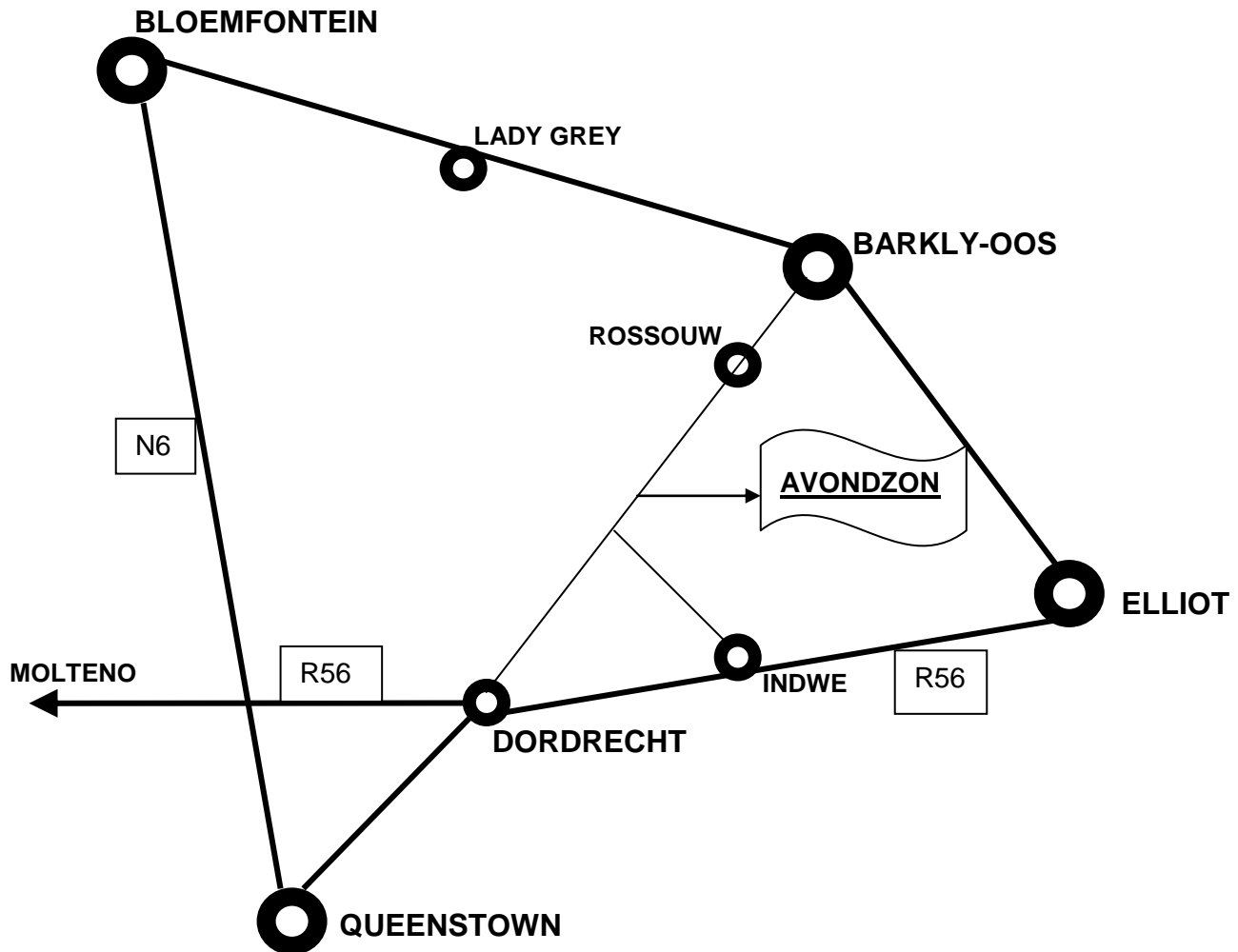


## Aanwysings / Directions



**AVONDZON 32km van /  
from Dordrecht**

live on the **Coke** side of life™



Resies moontlik gemaak deur / Race made possible by:  
Cotterrell's Construction, Jackson's Delta, Coke

Bonthoek Boere Fietsryklub / Bonthoek Farmers Cycling Club

Bied aan / Presents:

**SINCE 1995**

Qualifying Race: Border Mountain Bike Series

# **BONTHOEK BERGFIETS UITHOURIT BONTHOEK MOUNTAINBIKE CHALLENGE**

- Asook stap, draf en prêtresies vir die hele gesin..! /  
As well as walk, run and fun races for the whole family..!
- *Groot pryse, medaljes, T-hemde en prystrekkings*  
*Great prizes, medals, T-shirts and lucky draws*

**Vrydag / Friday: 07 Oktober 2011**

Naguiltjie Fietsrit / Night Owl Bike Ride

**Saterdag / Saturday: 8 Oktober 2011**

Bergfiets Uithouwedren / Mountain Bike Challenge

## **Registrasies / Registrations**

Voltooi asb. 1 vorm/persoon vooraf om in te dien laatste Saterdagoggend voor resies, of faks/mail inskrywingsvorme, bewys van betaling asook name van deelnemers deur na / Please complete 1 form/person and hand in Entry form latest Saturday morning or fax/mail Entry forms along with proof of payment, including participants's names to Petro Slabbert 045 - 944 1014 / kosieslabbert@hotmail.com

## **Navrae / Enquiries**

- Petro Slabbert:  
045 - 944 1014 (na 14:00)  
072 593 5132
- KosieSlabbert:  
0793668524

## **Verblyf / Accommodation:**

Petro Slabbert:  
045 - 944 1014 (na 14:00)  
072 593 5132

## Algemene Inligting / General information

### Inskrywingsgelde / Entry Fees:

Betaalbaar op Vrydag of Saterdagoggend / Sien Bankbesonderhede vir vooraf inbetalings.  
Payable on Friday/ Saturday morning. / See Banking details for payment of entrys in advance.

**Bank:** ENB / FNB  
**Rekening naam / Account Name:** Bonthoek Boere Fietsryklub  
**Rekening no / Account nr:** 7407 8258 298  
**Takkode / Branch code:** 210 520

Kampgeriewe: R50 per nag per staanplek, R20 per persoon.

Camping facilities: R50 per night per campsite, R20 per person.

T-hempde vir 60km: Eertse 60 om klaar te maak / T-shirts for 60km: First 60 to complete race

### Menu:

Vrydagaand / Friday evening: Pasta ete @ 20:00 / Pasta dinner @ 20:00

## Reëls / Rules

1. Vervanging van fiets gedurende resies nie toelaatbaar. Deelnemers moet begin en eindig met dieselfde fiets. / Replacement of bicycles during the race is not permitted and competitors must start and finish the race with the same bicycle.
2. Deelnemers moet spaarparte saamry vir nodige herstelwerk. Hulp van mede deelnemers is toelaatbaar. / Competitors must each carry sufficient spare parts to make all necessary repairs, but assistance is permitted from fellow competitors.
3. Geen ry-hulp mag verleen word tydens die rit nie behalwe deur amptelike hulpverleners. Water en verversings verkrygbaar slegs van beamptes. / No seconding is permitted other than official seconding. Water and refreshments may be obtained only from official race marshals.
4. **Fietsryhelmet verpligtend tydens wedren. Geen helmet, geen resies! / The wearing of a hard shell helmet is compulsory for the full duration of the race. No helmet no race!**
5. Deelnemers moet padreëls, verkeersowerhede en beamptes gehoorsaam. / Cyclists must obey all traffic rules, officers and marshals at all times.
6. Pryse vir 10km slegs vir onder 13 jaar / Prizes for 10km only for 12 years and younger.
7. Afsnytyd is om 15h00. / Cut-off time is 15h00.
8. Organiseerders is geregtig om reëls te verander soos dit hulle/resies/toestande behaag. The organizers shall be entitled, if necessary, to amend, delete or add to these rules.
9. **Vereiste vir nagrit: Fietslig en kopligh. / Headlamp and bike light compulsory for night ride.**

## Inskrywingsvorm / Entry Form

ID number:	
Date of birth:	Surname:
Name:	Current Age:
Gender: M / F	
SACF licence nr (optional):	
Race nr:	
Provence:	City/Town:
Postal Adress:	
Cell No:	Tel nr:
E-mail:	
Emergency Contact person:	Contact person nr:
Medical Aid Name:	Medical Aid Nr:
Extra Notes (optional):	

**NOTE:** All fields must be completed in neat readable print handwriting to prevent non-registration! Temporary licences available: required for 60km & 35km MTB

### Merk met 'n X / Mark with a X

Afstand/ Distance	Temporary Licence	Inskrywingsfooi Entry fee	Wegspringtyd Starting Time	Merk Mark
Mountain Bike night ride – 2x10km		R 30	19h00	
Cross Country Run – 25km		R 30	08h00	
Mountain Bike Challenge off road – 60km	R 35	R 90	09h00	
Mountain Bike off road – 35km	R 35	R 80	09h05	
Mountain Bike fun ride off road – 25km		R 70	09h10	
Mountain Bike fun ride off road – 10km		R 20	09h15	
Fun walk or Run (Adult) – 10km		R 20	09h15	
Fun walk or Run (Children) – 10km		R 10	09h15	
Skopfiets resies vir kleuters 2 - 3jr		R 10	09h30	

### **VRYWARINGSVORM**

Ek as deelnemer / voog (indien deelnemer jonger as 21 jaar) verklaar hiermee dat die deelname aan hierdie byeenkoms op eie risiko plaasvind en dat geen eise teen die orga-nisseerders, beamptes en helpers of enige plaaslike gesaghebbendes of enige van bogemelde partye vir enige verlies, beskadiging of besering gedurende enige deelname sal instel nie.

### **INDEMNITY**

I as participant / guardian (if participant is under 21 years) agree that participation is entirely at own risk and agree that no claim whatsoever can be made against the organizing body, helpers or sponsors in respect of any injury, loss or damage that may be suffered during any par-ticipation arising from any injury to a person or property, caused directly or indirectly by the negligence, albeit gross, of one or more of the aforementioned parties.

**Name & Signature:** \_\_\_\_\_ **(Parent / Guardian if under 21)**

**Date:** \_\_\_\_\_