

BASIC FIRST AID

Perform Basic First Aid

US 12483 – Level 2 (4 Credits)

Explain and discuss basic first aid concepts.

- Basic first aid concepts include first aid kits, personnel to be alerted, types of injuries or medical emergencies and how to priorities them, treatments, notification procedures.
- An understanding of basic first aid concepts is demonstrated.
- Basic first aid is applied in the case of an injury at work or a medical emergency.
- Injured/ill persons are handed over to appropriate personnel.
- Basic first aid reports are completed.

Determine the nature of the injury/medical emergency, the context of the injury and basic first aid.

- Injuries and medical emergencies include stopped heart and breathing (CPR), stopping bleeding, splinting and binding fractures, covering and calming, and dealing with epileptic fits, hyper ventilation, hypo/hyperthermia, chemical and fire burns, respiratory problems or suffocation, electrical shock and shock Contexts of injuries include inaccessible places, places of extreme temperature, high risk areas.

Apply basic first aid.

- An understanding of basic first aid concepts is demonstrated.

Hand over the injured/ill person to medical personnel.

- An understanding of basic first aid concepts is demonstrated.
- Basic first aid reports are completed.

Complete first aid report.

- Report information includes location and time of injury/medical emergency, people involved, accident details, safety precautions that were/were not in place, machinery or substances involved, responses of emergency services.

COURSE DURATION: 1 DAY