

## Lessons

### Sleepy Hollow Horse Riding Lessons:

We offer riding lessons from Mondays to Fridays during the school term - either a half-hour individual lesson or one hour group lesson.

We can also arrange 'once off' lessons for guests visiting on holiday.

Our lessons are given by SANEF (South African National Equestrian Federation) qualified instructors.

The following disciplines are taught :

dressage

cross country

gymkana

show jumping

showing

pony club activities

eventing

equitation

holiday camps

During the South African School holidays day camps, and shows take place.