

Himalayan Salt



Salt is essential for life- you cannot live without it!

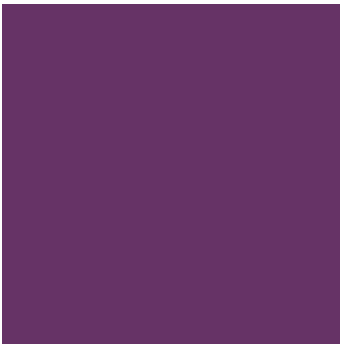
Therefore it is important to use a salt that is free from contaminants and provides you with all the nutritional and health benefits that promotes a healthy balance in your body.

Himalayan Crystal salt is physically beautiful, mysterious, and carries amazing benefits. Himalayan salt is harvested from riverbeds and valleys within the Himalayan Mountains and is by far the purest salt available on earth and is absolutely free from toxins or pollutants.

Historically, Himalayan salt is known as "The King Salt." Together with pure spring water, **Himalayan Crystal Salt** offers all the natural elements exactly identical to the elements in your body. Containing all of the 84 elements found in your body, the benefits of natural **Himalayan Crystal Salt** is endless.

When it comes to the power of natural salt, nothing compares to

Himalayan Crystal Salt



Himalayan Crystal Salt

Health benefits of Himalayan Crystal Salt:

- ❖ **Regulating the water content throughout your body.**
- ❖ Promoting a healthy pH balance in your cells, particularly your brain cells.
- ❖ **Promoting blood sugar health and helping to reduce the signs of aging.**
- ❖ Assisting in the generation of hydroelectric energy in cells in your body.
- ❖ **Absorption of food particles through your intestinal tract.**
- ❖ Supporting respiratory health.
- ❖ **Promoting sinus health.**
- ❖ Prevention of muscle cramps.
- ❖ **Promoting bone strength.**
- ❖ Regulating your sleep -- it naturally promotes sleep.
- ❖ **Supporting your libido.**
- ❖ Promoting vascular health.
- ❖ **In conjunction with water it is actually essential for the regulation of your blood pressure.**

Why choose it?

1. **It is the highest grade of natural salt.**
2. Under an electron microscope, crystal salt has a perfect crystalline structure.
3. **It is mined by hand and hand-washed.**
4. Crystal salt is immune to electromagnetic fields
5. **Crystal Salt contains no environmental pollutants.**



Himalayan Salt Crystal Products

Seasoning

Today's table and cooking salt is void of the vital trace minerals. Himalayan Crystal salt has spent over 250 million years maturing under extreme tectonic pressure, far away from exposure to impurities. The salt's unique structure also stores vibrational energy. All of the crystal salt's inherent minerals and trace elements are available in colloidal form - meaning they are so small your cells can readily absorb them. Natural crystal salt always promotes a healthy balance and does not contribute to high blood pressure like typical table salt do. It is not just healthier for you but the flavor will assure your tastebuds will love it too!

Himalayan Salt Kitchen Slabs

Featured on several top-cooking shows, Himalayan Salt kitchen slabs have become the newest sensation for extraordinary food preparation and presentation. To grill or sauté with your Himalayan Salt Kitchen Slab, simply preheat your slab over a grill or stove and toss on your favorite sliced meats, seafood, vegetables or eggs. The Himalayan crystal salt sears your food to perfection, with just a light touch of a heavenly salty flavor.

Himalayan Foot Detox lamp

The work of the Himalayan Salt Detoxer™ is based on the concept of Reflexology, a natural healing art based on the principle that zones on the feet correspond to every part, gland and organ of the body. Some users of the Detoxer report actually tasting salt in their mouth and this may show that the cleansing process has moved through the body's tissues from the feet upward. The Himalayan Salt Detoxer™ offers the user a unique, safe and effective cleansing process that, when directions are followed, can be used repeatedly to achieve many of the health benefits associated with cleansing regimens.

Himalayan Salt Licks

Himalayan salt licks are one great source of nutrients for horses, cows, sheep and camels. They are extremely hard, making them very weather resistant and difficult for the horse to bite chunks off, which is what often happens with the softer, pressed salt licks. Each lick comes ready with a handy rope to allow it to be hung on a gate, fence, trough, tree or even in a truck while traveling with your horse.



"I received my second order of salt lamps and salt. They are so beautiful!!! I have one in my bedroom and it really helps me and my husband sleep better. I have much less congestion and he has fewer problems with apnea. We love it! I bought each of my parents one and one for each of my children as Christmas presents"—Christina



Bath Salts, Soaps and Toothpaste

Each grain of Himalayan salt releases minerals and nutrients that improve the condition and health of your skin. It has a detoxifying effect on the body and carry many cosmetic benefits. Himalayan salt can also effectively treat many skin ailments and conditions such as acne, dry skin, and psoriasis. It can also be used to treat blisters and insect bites, as well as joint-related conditions such as arthritis and rheumatism. When used in a nice warm bath, Himalayan salt will also decrease your stress level and help you get a good night's sleep. In short, Himalayan salt is an essential part of any bathing ritual.

Himalayan Salt is also great for Oral Hygiene and promotes healthy gums.

Himalayan Crystal Salt Lamps

The Salt lamps are natural ion generators, emitting negative ions in the atmosphere. Negative ions are very good for you and is said to be the vitamin of the air. It restores and neutralizes air quality. It can also be used to treat illnesses especially respiratory conditions and improve overall health. Ideal for areas where positive ions are polluting the air like offices, TV rooms etc. Also great for bedrooms, children rooms and baby rooms.

Himalayan Crystal Salt USB Lamp

Our homes and offices are filled with electrical appliances and electronics (televisions, computers, florescent lighting, microwaves, heaters, air-conditions, etc.) Use of such devices have been blamed for lowering our energy levels, making us feel tired and depressed because of their emission of positive ions. The USB lamp is ideal to use in your office, by plugging it into your computer it can help neutralize the air in your work environment and increase your productivity.

Himalayan Salt Crystal Candle holders

Himalayan Crystal Salt tea light holders are suitable for daily use near televisions and computers, around smokers, in offices, in therapy rooms to promote relaxation and healing. Basically anywhere where there is a desire to restore or preserve the natural air quality.

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